

Could you please circle the items below that you most need at this time (**1 item per line**). we will do the best we can to provide you with what you need, but as we fund raise to purchase food from Foodbank etc. we have little control over what we have in stock at any given time . **10 items \$10** **15 items \$15**

NAME: _____ Number _____

ITEM Depending on availability

- Sauces** BBQ sauce/Tom sauce/
Bbeans/spaghetti X 2 Baked beans/spaghetti/
Tinned soups Assorted flavours x 2
Tinned vegetables Beetroot/corn/tomatoes / Peas corn & carrots/Mixed Vegetables /Lentils/Peas/Chick peas
Cup of soups x2 Assorted
Jar sauces & pasta meals /Pasta sauce/Tuna Bake with Spinach & Garlic/Tom paste/ Passata
Side dishes nil
Spreads Vegemite/Jam/
Tinned meals Spaghetti & meatballs
Tinned fish & meats Tuna/Sardines/Salmon
Pasta/rice/ Dry spaghetti/pasta/rice/Sushi Rice 1kg/Quinoa 500g
Biscuits Sweet Choc fingers/Honeycomb whirlz/Choc surrender/Scotch finger/Cuoricini choc chip x 2/
Double choc cookies/Choc centre cookies
Savoury Biscuits Rice crackers /Water crackers assorted/assorted salted crackers/BBQ/Chicken snack bites
School Treats Poppers/Assorted Natural Nut Bars x 2/Twistia Apple & Apricot bars
Cold drinks Juice/Cordial/Coca Cola Orange no sugar 1.25L x3/Coca Cola cans diet x 6
Hot drinks Tea x 2 packets/coffee/NRG Max 2 only/Cadbury drinking Choc.
Milk Skim milk/full cream/Soy milk
Cereal Weetbix/Quick Oats/Gluten free corn flakes
Frozen foods Peas
Basics E.g. sugar/flour SR or Plain/Oil /Cooking Spray/Oil
Spreads Margarine /Copha
Laundry/household Dish wash liquid/Wash Pdr/Logix Rinse Aid -for dishwasher/Glade wax melts French Vanilla/
Pledge Wood Magic floor cleaner/Pledge furniture spray/Windex glass refill/Pre wash spray
Meat-frozen /Mince/sausages/2 turkey legs/chicken drumsticks 800g

Thank you! 10 items=\$10 15 items=\$15

NAME: _____ NUMBER _____

Tin fruit	Assorted/
Eggs	1 doz
Deserts	Jellies x2/
Cake Mix /Pancake mix	Vanilla x 2/ Cake in a Cup/Gluten Free Vanilla/Date Loaf/
Razors	Schick razors
Personal items/ Household/Baby	Toothpaste//Toothbrush/Toilet paper/Aptamil Gold 0-6 months
Womens items	liners, Pads, tampons
DOGS	Dine lamb-veg 680g x 2/Chic-turkey 700g x2/Loaf Beef 1.2k/Banquet Lamb 100gx3/Beef – kid 100gx3/Roast beef 100g x 3/ Chic-rice 100g x3/milk
CATS	Dry food chic-beef/Grain free salmon 85gx3/ Kangaroo 85g x3/ Jelly meat 400g x2/ milk/ lams Saucy Tuna with salmon dinner x 3/

WEEKLY SPECIALS

Up to 70% off-price

Vegemite	455g 4.50 220g \$3	Kransky with cheese 500g (4) x2	\$3
Turkey roll	\$6	Whole chicken	\$6
6 Primo chorizo sausages	\$5	Blanched Almonds 500g	\$6
Pizza Chicken Kiev 700g	\$3	450g Plumrose leg ham	\$4
Pork Loins 300g	\$4	Huggies 16kg & over 20	\$8
Lattina Lasagne 500g x 2	\$7	Comfy Bots 4-8kg x60	\$8
375g fresh hazel-nuts	\$3	SPECIAL 2 x Chicken mince RSPCA 500g	\$5
Breast fillets \$4		SPECIAL 2 x Lemon whole butterfly chicken 2kg	\$5
		Huggies Pull ups girl 14-18kg	\$6
		Bella Baby 82 5-9kg nappies	\$20
		Huggies 32 4-8kg	\$6
		Himalayan Natural Rock Salt 1 kg	\$3

The following items are 1 off & included in your 10 or 15 items

Bread mix gluten free	Maple syrup/Fruit Chutney/Dijon Mustard/Kalamata Olives/4 pack apple puree
Steak sauce/	Dried chick peas/green lentils/red lentils/Borlotti Beans/pumpkin seeds/Zesty lemon Juice/500ml custard/4 pack diced peaches/Bread & Butter Cucumbers
Pukka Cleanse tea	
Pukka Night time tea	/Red Wine Vinegar/ brown Rice/Currants/Mint Jelly/