

Could you please circle the items below that you most need at this time (**1 item per line**). we will do the best we can to provide you with what you need, but as we fund raise to purchase food from Foodbank etc. we have little control over what we have in stock at any given time . **10 items \$10** **15 items \$15**

NAME: _____ Number _____

ITEM Depending on availability

Sauces	BBQ sauce/Tom sauce/
Bbeans/spaghetti	X 2 Baked beans/spaghetti/
Tinned soups	Assorted flavours x 2
Tinned vegetables	Beetroot/corn/tomatoes / Peas corn & carrots/Mixed Vegetables /Lentils/Peas/Chick peas
Cup of soups x2	Assorted
Jar sauces & pasta meals	/Pasta sauce/Tuna Bake with Spinach & Garlic/Tom paste/ Passata
Side dishes	nil
Spreads	Vegemite/Jam/
Tinned meals	Spaghetti & meatballs
Tinned fish & meats	Tuna/Sardines/Salmon
Pasta/rice/	Dry spaghetti/pasta/rice/Sushi Rice 1kg/Quinoa 500g
Biscuits Sweet	Choc fingers/Choc surrender/Scotch finger/Cuoricini choc chip x 2/Double choc cookies/Choc centre cookies
Savoury Biscuits	Rice crackers /Water crackers assorted/assorted salted crackers/BBQ/Chicken snack bites
School Treats	Poppers/Assorted Natural Nut Bars x 2/Twistia Apple & Apricot bars
Cold drinks	Juice/Cordial/Coca Cola Orange no sugar 1.25L x3/Mixed cans soft drinks x 6/1.25L Lemon soft drink/6 x mixed cans soft drink
Hot drinks	Tea x 2 packets/coffee/Cadbury drinking Choc./Milo
Milk	Skim milk/full cream/Soy milk
Cereal	Weetbix/Quick Oats/Gluten free corn flakes/1 only Extra Protein or fibre/Muesli Clusters/
Frozen foods	Peas
Basics	E.g. sugar/flour SR or Plain/Oil /Cooking Spray/Oil
Spreads	Margarine /Copha
Laundry/household	Dish wash liquid/Wash Pdr/Logix Rinse Aid -for dishwasher/Glade wax melts French Vanilla/Pledge Wood Magic floor cleaner/Pledge furniture spray/Windex glass refill/Pre wash spray
Meat-frozen	/sausages/2 turkey legs/chicken drumsticks 800g

Thank you! 10 items=\$10 15 items=\$15

NAME: _____ NUMBER _____

Tin fruit	Assorted/
Eggs	1 doz
Deserts	Jellies x2/
Cake Mix /Pancake mix	Vanilla x 2/ Cake in a Cup/Gluten Free Vanilla/Date Loaf/
Razors	Schick razors
Personal items/ Household/Baby	Toothpaste//Toothbrush/Toilet paper/Aptamil Gold 0-6 months
Womens items	liners, Pads, tampons
DOGS	Dine lamb-veg 680g x 2/Chic-turkey 700g x2/Banquet Lamb 100gx3/Beef –kid 100gx3/ Roast beef 100g x 3/ Chic-rice 100g x3/milk
CATS	Dry food chic-beef/Grain free salmon 85gx3/ Kangaroo 85g x3/ Jelly meat 400g x2/ milk/ lams Saucy Tuna with salmon dinner x 3/

WEEKLY SPECIALS

Up to 70% off-price

Vegemite	455g \$4 220g \$3	Diploma Milk Powder	\$3
Turkey roll	\$6	Whole chicken	\$6
6 Primo chorizo sausages	\$5	Blanched Almonds 500g	\$6
Pizza Chicken Kiev	\$3	450g Plumrose leg ham	\$4
700g		Huggies 16kg & over 20	\$8
Pork Loins 300g	\$4	Comfy Bots 4-8kg x60	\$8
Lattina Lasagne		SPECIAL 2 x Chicken mince RSPCA 500g	\$5
500g x 2	\$7	SPECIAL 2 x Lemon whole butterfly chicken 2kg	\$5
375g fresh hazel-nuts	\$3	Huggies Pull ups girl 14-18kg	\$6
Breast fillets	\$4	Bella Baby 82 5-9kg nappies	\$20
		Huggies 32 4-8kg	\$6
		500g Honey	\$4

The following items are 1 off & included in your 10 or 15 items

- Bread mix gluten free /Fruit Chutney/Dijon Mustard/4 pack apple puree
- Steak sauce/ Dried chick peas/green lentils/red lentils/Borlotti Beans/pumpkin seeds/Zesty lemon Juice/4 pack diced peaches/Bread & Butter Cucumbers
- Pukka Cleanse tea
- Pukka Night time tea /Red Wine Vinegar/ brown Rice/Currants/Mint Jelly/