

Could you please circle the items below that you most need at this time (**1 item per line**). we will do the best we can to provide you with what you need, but as we fund raise to purchase food from Foodbank etc. we have little control over what we have in stock at any given time . **10 items \$10** **15 items \$15**

NAME: _____ Number _____

ITEM Depending on availability

| | |
|-------------------------------------|---|
| Sauces | BBQ sauce/Tom sauce/ |
| Bbeans/spaghetti | X 2 Baked beans/spaghetti/ |
| Tinned soups | Assorted flavours x 2 |
| Tinned vegetables | Beetroot/corn/tomatoes / Peas corn & carrots/Mixed Vegetables /Lentils/Peas/Chick peas |
| Cup of soups x2 | Assorted |
| Jar sauces & pasta meals | /Pasta sauce/Tuna Bake with Spinach & Garlic/Tom paste/ Passata/Creamy Mushroom |
| Side dishes | nil |
| Spreads | Vegemite/Jam/Hazelnut spread |
| Tinned meals | Assorted |
| Tinned fish & meats | Tuna/Sardines/Salmon |
| Pasta/rice/ | Dry spaghetti/pasta/rice/Sushi Rice 1kg/Quinoa 500g/Rice spaghetti |
| Biscuits Sweet | /Choc surrender/Scotch finger/Cuoricini choc chip x 2/Double choc cookies/Choc centre cookies |
| Savoury Biscuits | Rice crackers /Jatz/ 1 only chicken snack bites |
| School Treats | Poppers/Twistia Apple & Apricot bars |
| Cold drinks | Juice/Cordial/Assorted cans x 6 |
| Hot drinks | Tea x 2 packets/coffee/NRG Max /Cadbury drinking Choc. |
| Milk | Skim milk/full cream/Soy milk |
| Cereal | Weetbix/Quick Oats/Gluten free corn flakes |
| Frozen foods | Peas |
| Basics | E.g. sugar/flour SR or Plain/Oil /Cooking Spray/Oil |
| Spreads | Margarine /Copha |
| Laundry/household | Dish wash liquid/Wash Pdr/Logix Rinse Aid -for dishwasher/Glade wax melts French Vanilla/ Pledge Wood Magic floor cleaner/Pledge furniture spray/Windex glass refill/Pre wash spray/ Cream cleanser |
| Meat-frozen | /Mince/sausages/2 turkey legs/ |

Thank you! 10 items=\$10 15 items=\$15

NAME: _____ NUMBER _____

| | |
|-----------------------------------|---|
| Tin fruit | Assorted/ |
| Eggs | 1 doz |
| Deserts | Jellies x2/ |
| Cake Mix /Pancake mix | Vanilla x 2/ Cake in a Cup/Gluten Free Vanilla/Date Loaf/ |
| Razors | Schick razors |
| Personal items/ Household/Baby | Toothpaste//Toothbrush/Toilet paper/Aptamil Gold 0-6 months |
| Womens items | liners, Pads, tampons |
| DOGS | Dine lamb-veg 680g x 2/Chic-turkey 700g x2/Banquet Lamb 100gx3/Beef –kid 100gx3/ Roast beef 100g x 3/ Chic-rice 100g x3/milk |
| CATS | Dry food chic-beef/Grain free salmon 85gx3/ Kangaroo 85g x3/ Jelly meat 400g x2/ milk/ lams Saucy Tuna with salmon dinner x 3/ |

WEEKLY SPECIALS

Up to 70% off-price

| | | | |
|---------------------------------|---------------------------|--|-------------|
| Vegemite | 455g 4.50 220g \$3 | Kransky with cheese 500g (4) x2 | \$3 |
| Turkey roll | \$6 | Whole chicken | \$6 |
| 6 Primo chorizo sausages | \$5 | Blanched Almonds 500g | \$6 |
| Pizza Chicken Kiev 700g | \$3 | 450g Plumrose leg ham | \$3 |
| Blackstrap Mol-lases | \$3 | Huggies 16kg & over 20 | \$8 |
| Lattina Lasagne 500g x 2 | \$7 | Comfy Bots 4-8kg x60 | \$8 |
| 375g fresh hazel-nuts | \$3 | SPECIAL 2 x Chicken mince RSPCA 500g | \$5 |
| | | Mango or smokey whole butterfly chicken 2kg | \$4 |
| | | Huggies Pull ups girl 14-18kg | \$6 |
| | | Bella Baby 82 5-9kg nappies | \$20 |
| | | Huggies 32 4-8kg | \$6 |
| | | 500g Honey | \$4 |

The following items are 1 off & included in your 10 or 15 items

| | |
|---|--|
| Bread mix gluten free | Fruit Chutney/Dijon Mustard/4 pack apple puree/Up and Go x3 |
| Steak sauce/ Pukka Cleanse tea | Dried chick peas/green lentils/Borlotti Beans/pumpkin seeds/Zesty lemon Juice/ custard/Red wine vinegar/Currants/Ice blocks sourz |